## GOUT AWARENESS DAY May 22

May 22 is Gout Awareness Day. Join the Alliance for Gout Awareness in spreading the word about this debilitating disease, its effects and how people can manage it.





**Gout affects more than 9 million people** in the United States.



People with gout also face increased risks of other serious conditions like kidney disease, cardiovascular disease and stroke.



73% of patients agree it's hard to get proper treatment for gout.

## What Can You Do?

- Get educated!
- Support gout patients on social media using #GoutAwarenessDay.
- Share resources from the Alliance for Gout Awareness' website.







## Join the conversation on gout.

Scan the QR code and head to **www.goutawarenessday.org** to learn more.

