May 22 is Gout Awareness Day. Join the Alliance for Gout Awareness in spreading the word about this debilitating disease, its effects and how people can manage it.

**The Facts**

- **Gout affects more than 9 million people** in the United States.
- People with gout also face **increased risks of other serious conditions** like kidney disease, cardiovascular disease and stroke.
- **73% of patients** agree it’s hard to get proper treatment for gout.

**What Can You Do?**

- Get educated!
- Support gout patients on social media using #GoutAwarenessDay.
- Share resources from the Alliance for Gout Awareness’ website.

Join the conversation on gout. Scan the QR code and head to www.goutawarenessday.org to learn more.