WHEREAS, more than 9 million Americans suffer with gout, the most common form of inflammatory arthritis, caused by uric acid build-up in the joints; and

WHEREAS, gout is a chronic disease characterized by sudden and excruciating painful attacks; and

WHEREAS, Black Americans are two to three times more likely to develop gout than White Americans, and are less likely to be prescribed urate-lowering medications or receive ongoing, routine provider care; and

WHEREAS, Asian Americans and Asian Pacific Islanders are also at an increased risk of gout; and

WHEREAS, stigma, lack of awareness, and misinformation may hinder treatment for gout; and

WHEREAS, heightening public awareness can reduce the unfair stigma people with gout experience and empower patients to seek quality care and timely treatment.

NOW, THEREFORE, I, Kim Reynolds, Governor of the State of Iowa, do hereby proclaim May 22nd, 2023, as:

Gout Awareness Day

IN TESTIMONY WHEREOF, I HAVE HEREUNTO SUBLISUBSCRIBED MY NAME AND CAUSED THE GREAT SEAL OF THE STATE OF IOWA TO BE AFFIXED. DONE AT DES MOINES THIS 22ND DAY OF MAY IN THE YEAR OF OUR LORD, TWO THOUSAND TWENTY-THREE.

KIM REYNOLDS
GOVERNOR OF IOWA

ATTEST:

PAUL PATE
SECRETARY OF STATE