Gout affects more than 9 million Americans.

Gout, a form of arthritis, is caused by a buildup of uric acid in the body. The condition leads to sudden, intense pain and swollen joints that may become red and hot.

Gout's painful attacks can be debilitating, and the long-term consequences of untreated gout can be serious.

If you think you or someone you know has gout, see a health care provider.