

GOUT AWARENESS DAY

May 22

Gout affects more than **9 million Americans.**



Gout, **a form of arthritis**, is caused by a buildup of uric acid in the body. The condition leads to **sudden, intense pain and swollen joints** that may become **red and hot.**



Gout's painful attacks can be debilitating, and the long-term consequences of untreated gout can be serious.

If you think you or someone you know has gout, see a health care provider.

 ALLIANCE FOR
Gout Awareness

To learn more, visit www.goutalliance.org.