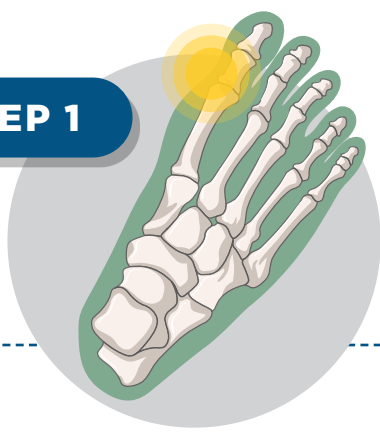


# Step Therapy & GOUT

STEP 1

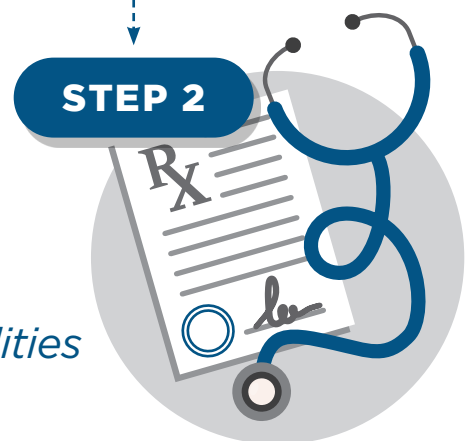


**PATIENT SEEKS TREATMENT**  
*for debilitating gout pain*

**PROVIDER CHOOSES TREATMENT BASED ON PATIENT'S:**

*Family history • Age • Symptoms • Comorbidities*

STEP 2



STEP 3



**INSURER REQUIRES PATIENT TO "FAIL FIRST"**  
*on an older, slow-acting medication*

**PATIENT TAKES THE INSURER-PREFERRED MEDICATION**

*with little to no progress*

STEP 4



STEP 5



**INSURER REQUIRES PATIENT TO TRY & FAIL ANOTHER MEDICATION**

**PATIENT EXPERIENCES:**

- More frequent gout attacks
- More pain
- Social stigma
- Increased health risks

STEP 6



FINAL STEP

**PATIENT ACCESSES TREATMENT**



OR

**PATIENT GIVES UP**