Step Therapy & GOUT

Step 1: Patient seeks treatment for debilitating gout pain.

Step 2: Provider chooses treatment based on patient's:
- Family history
- Age
- Symptoms
- Comorbidities

Step 3: Patient takes the insurer-preferred medication with little to no progress.

Step 4: Insurer requires patient to "fail first" on an older, slow-acting medication.

Step 5: Patient experiences:
- More frequent gout attacks
- More pain
- Social stigma
- Increased health risks

Step 6: Insurer requires patient to try & fail another medication.

Final Step: Patient accesses treatment or gives up.

Patients deserve more than burdensome step therapy requirements.