Washington, DC Muriel Bowser, Mayor





GOUT AWARENESS DAY

MAY 22, 2023

WHEREAS, more than 9 million Americans suffer with gout, the most common form of inflammatory arthritis, caused by uric acid buildup in the joints that produces excruciating attacks and undermines all aspects of patients' quality of life; and



WHEREAS, Black Americans are significantly more likely to develop gout than other demographics and less likely to be prescribed uratelowering medications or to receive ongoing, routine clinical care; and

WHEREAS, people of Asian American Pacific Islander (AAPI) heritage are approximately three times more likely to develop gout than those of European descent; and



WHEREAS, while stigma, lack of awareness, and misinformation may hinder the treatment of gout, raising public awareness can reduce stigma and empower gout patients to seek quality care and timely treatment:

NOW, THEREFORE, I, THE MAYOR OF WASHINGTON, DC, do hereby proclaim May 22, 2023, as "GOUT AWARENESS DAY" in Washington, DC.