WHEREAS: More than 9 million Americans have gout, which is caused by uric acid build-up in the joints and the most common form of inflammatory arthritis; and

WHEREAS: Gout is a chronic disease characterized by sudden and excruciating painful attacks impacting a person’s workplace, community, and daily quality of life; and

WHEREAS: Black Americans are two to three times more likely to develop gout than white Americans, and are less likely to be prescribed urate-lowering medications or to receive ongoing, routine provider care; and

WHEREAS: Asian Americans and Asian Pacific Islanders are also at an increased risk of gout; and

WHEREAS: Stigma, lack of awareness, and misinformation may hinder treatment for gout; and

WHEREAS: Public awareness can reduce the unfair stigma people with gout experience and empower patients to seek quality care and timely treatment.

NOW, THEREFORE, I, TIM WALZ, Governor of Minnesota, do hereby proclaim Monday, May 22, 2023, as:

GOUT AWARENESS DAY

in the State of Minnesota.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this 22nd day of May.

GOVERNOR

SECRETARY OF STATE