

# A ROADMAP TO BETTER CARE FOR GOUT

Over 9 million Americans have gout.  
How can they receive the gout care they deserve?



## FACILITATE TIMELY DIAGNOSIS

Patients should seek care from gout specialists who understand the disease to ensure the best possible care.

1



## IMPROVE TREATMENT GUIDANCE

There are two approaches to treating gout:



**Controlling joint pain**



**Urate-lowering therapy**

Prioritizing medications to lower uric acid levels is critical to managing gout.

2



## EXPAND TESTING

Many tests can help patients address gout early on.



**Uric acid tests**



**X-rays**



**Synovial fluid tests**

Regular testing for uric acid levels can help patients understand and manage their gout effectively.

3

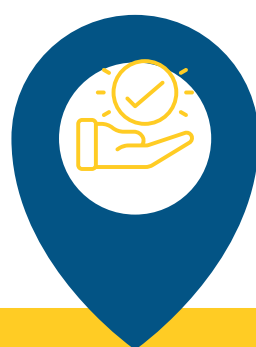


## EDUCATION & AWARENESS

Raising awareness among patients and the public about gout can reduce the stigma.



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## INCREASE ACCESS

Removing coverage and socioeconomic barriers can improve patients' ability to treat their disease.



Ensuring gout patients have access to the care they need to manage this painful condition starts by following this roadmap.